



THE
BRITTONS
ACADEMY

Safeguarding Bulletin

October 2024



HEST - Dedicated Dads



JOIN US!

HEST Dedicated Dads

HEST invites you to our monthly meet-ups that are available for all Dads/Father figures in Havering. Our sessions support Dads to learn more about children's emotional wellbeing as well as providing a space for fellow Dads to connect and share experiences.

Hornchurch Fire Station RM11 1SH
Monthly, 6-7pm
Refreshments provided
Scan the QR code to register for future meet-ups!



Will writing service at TBA

As advertised on the school website

- National Will Writers are offering a Will service in return for a donation to the school.
- The amount of the donation is up to the person taking the service and is available to all teachers and parents.
- In return you will have a consultation with one of the professional team members to discuss your wishes and have your Will drafted.

How it works

- Scan the QR code
- Complete the form online
- Book in a consultation over the phone

More information can be found on our website – offer ends 31/12/24



**DONATE TO
YOUR SCHOOL**
&
**Receive a Will
Writing Service**

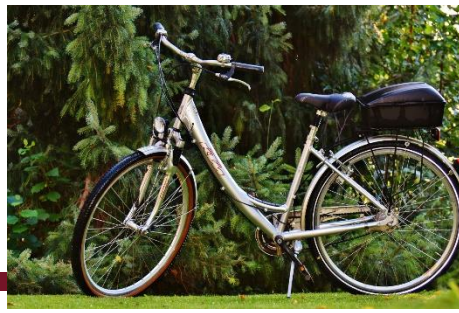


Did you know?

- 70% of parents with young children don't have a will
- Loved ones are not guaranteed anything without a Will
- A Will is the only place you can name a guardian
- Without a Will social services will deal with children



Try Before You Bike



Try Before You Bike is a user-friendly scheme that is specifically designed to encourage people to cycle

It is available to staff, parents and carers

Sign up with [Peddle My Wheels](https://www.peddlemywheels.com) who run the programme on behalf of Havering Council

<https://www.peddlemywheels.com/products>

- Pay monthly for a bike (including hybrid, folding bikes, e-bikes and e-cargo bikes) with an easy-to-order process.
- Free friendly delivery to your door with accessories (helmet, lights and lock), guidance and a bespoke training session of up to 2 hours.
- No deposit or hidden fees.
- Affordable purchase options and Cycle To Work available.
- Free collection if you decide the bike is not for you.
- Support and encouragement given to help you get confident on the roads.

Young Carers



- Young carers provide unpaid care or support to a family member with a long-term illness, disability, mental health condition or a substance misuse issue. It can be challenging for a Young Carer to balance their caring role with key transitions and other activities in life.
- IMAGO support Young Carers by promoting positive wellbeing through a variety of interventions, workshops and in-school support, creating opportunities to share experiences with their peers, and have their voice heard.
- To find out more or refer a young person, please contact the team on 0300 111 1110 or email youngcarers@imago.community



Parents Experiencing Homelessness group

**Are you on the Havering Housing Pathway?
Are you currently living in temporary accommodation?
Would you like to meet people in a similar position?**

We are running a group for parents who are currently living in temporary accommodation.

The group aims to:

- **Create a supportive group for people going through a difficult experience**
- **Provide support and advice where possible.**
- **Link people with local support and professionals.**



PEABODY – Havering Floating Support Service



Peabody can help customers with:

- Welfare benefit applications
- Blue badge applications
- Managing money and debt advice
- Housing applications
- Food bank vouchers
- Applying for ID, passports and grants
- Employment support

Drop-in sessions are held around the borough:

TUES & THURS - WEEKLY (1PM-4PM)
1PM)

HAROLD HILL HUB
REAR OF HAROLD HILL LIBRARY
EAST DENE DRIVE
RM3 8QN

FRIDAY-WEEKLY (10AM-12PM)
3PM)

HAVERING ASSOCIATION FOR
PEOPLE WITH DISABILITIES (HAD)
1A WOODHALL CRESCENT
HORNCHURCH
RM11 3NN
RM5 2BA

WEDNESDAY- WEEKLY (11-

RAINHAM LIBRARY HUB
CELTIC FARM ROAD
RAINHAM RM13 9GP

FRIDAY - EVERY LAST FRI (12-

COLLIER ROW FOODBANK
ASCENSION CHURCH
COLLIER ROW ROAD
COLLIER ROW

Think before you park - guidance from Havering Council to all Havering Schools



We kindly ask all parents and guardians to carefully consider how they travel or park when dropping off and picking up their children from school. Whilst we understand that using a vehicle may sometimes be necessary, it's important to be mindful of where and how you park.

We've received numerous emails from residents and the Council highlighting concerns about dangerous and inconsiderate parking.

This behaviour not only jeopardises the safety of our children but also disrupts the flow of traffic and impacts the surrounding community. Recently, there has been an increase in vehicles being parked in no-parking zones, blocking access to school entrances, or parking on or obstructing driveways of nearby residents. These actions create unsafe conditions for both pupils and staff as they enter and leave the school. This is not the type of environment we want to create for our children.

We urge everyone to think about how you would feel if someone blocked your own driveway or acted inconsiderately toward your home. Please understand that parking responsibly is not just about following the rules, but about ensuring the safety and well-being of our entire community, especially the children. Emergency vehicles need clear access at all times, and we cannot afford to create hazardous situations through selfish or careless parking.

Where possible, we encourage walking, or use of public transport to school. Not only are these options healthier, but they also contribute to reducing traffic and air pollution around the school, helping to create a safer and cleaner environment for everyone. We kindly ask you to remember:

- Park legally and follow all parking rules and restrictions: It's essential for the safety of everyone.
- Park safely in designated areas: Avoid blocking traffic and never park in ways that could endanger pedestrians. Please use staff car park that is allocated a short distance from the school
- Do not block school entrances or residents' driveways: Please consider how frustrating and stressful this can be for others.
- Be especially mindful of school children and elderly pedestrians: Their safety must always come first.
- Switch off your engine when stationary: Reducing pollution is a simple way to improve the air quality around our school.

We ask you to help us create a safer, more pleasant environment for our children, their peers, and our community as a whole. Let's lead by example and show our children the importance of respect, safety, and responsibility in everything we do, especially when it comes to their well-being.

Ketamine: What You Need To Know

Drugs are an unavoidable issue in the modern educational environment in the UK. Smoking behind the bike sheds was once undertaken to mark oneself out, as an outcast. A rogue to a particular peer group that made that individual 'cool'. As a result their social stock would increase alongside their status within the year group. For a while that position had been overtaken by cannabis, but particularly older pupils have to keep pushing the boundaries. Harder drugs such as speed, ecstasy or in the case of this article 'Ketamine' are now the next level of that old formula. Known better as a raver's drug previously used as a horse tranquilizer, it is now seeing usage in the educational environment. However, unlike better recognised substances such as cocaine and cannabis, ketamine is not as widely known. Yet that hasn't stopped it becoming more prevalent. The Conversation has recently published an article looking at this drug in detail.

[Ketamine: what you need to know about the UK's growing drug problem \(theconversation.com\)](#)



Any member of staff at school, including your **form tutor, SGM, HOY** and everyone on the **Safeguarding poster** in classrooms.

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111



Other people that can offer support include your parents, doctor, a nurse, www.nhs.uk counsellor, PC Drew.

St John Ambulance



kooth

kooth.com

Kooth- your online mental wellbeing community. Have you downloaded the app?

0808 1000 900

THE LUCY FAITHFULL FOUNDATION

Working to protect children



Where can you go for support?



HOPELINEUK
0800 068 41 41

HEAD STRONG

Headstrong is a new online space aimed exclusively at young people with a focus on promoting positive mental wellbeing. It is a section of the Youthscape charity. Within Youthscape they also offer support for young people who are risk of self harm - **Alumina**

If you need support relating to **Careers** and your future after Brittons, pop into the **Careers Library** during break or lunch. These websites may also be helpful

- <https://www.citizensadvice.org.uk>
- <https://vinspired.com> - young peoples volunteering charity
- <https://www.ncsyas.co.uk> 15-17 Year olds **National Citizen Service**
- <https://nationalcareersservice.direct.gov.uk/> - research careers your interested in.
- <https://www.startprofile.com/> - Explore your dream Job!



Wize-up

Thurrock

Wize-up are a free and confidential drug and alcohol service for young people under 18



"It's alright to ask for help"

SAMARITANS

116 123